

## *NEW PATIENT IN TAKE*



### **STEP ONE:**

Welcome to our Practice.

### **STEP TWO:**

All New Arrivals fill out this personal health history questionnaire.

### **STEP THREE:**

A tour of our Facility.

### **STEP FOUR:**

A one-on-one Education on how to improve YOUR health and well-being.

### **STEP FIVE:**

A one-on-one conversation with our Doctor of Chiropractic.

### **STEP SIX:**

A special Media Presentation about the Pro-Solution.

### **STEP SEVEN:**

A report will be given to you about how your health can improve.

**Confidential Patient Health Record**

**DATE:** \_\_\_\_\_

**PERSONAL HISTORY**

Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: Male or Female  
 Social Security #: \_\_\_\_\_  
 Social Insurance #: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_  
 Business Employer: \_\_\_\_\_ Type of Work: \_\_\_\_\_  
 Business Phone: \_\_\_\_\_  
 Name of Spouse: \_\_\_\_\_ Spouse's Social Security #: \_\_\_\_\_  
 Spouse's Employer: \_\_\_\_\_ Business Phone: \_\_\_\_\_  
 Type of Work: \_\_\_\_\_ Name and Ages of Children: \_\_\_\_\_  
 Referred To This Office By: \_\_\_\_\_  
 Name and Number of Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_  
 Who is Responsible for Your Bill, You and  Spouse  Workers' Comp.  Auto Insurance  Medicare  Medicaid  
 Personal Health Insurance (Name) \_\_\_\_\_  Health Card # \_\_\_\_\_  
 Insured Person's Name \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**CURRENT HEALTH CONDITION**

Unwanted Health Condition: \_\_\_\_\_  
 Other Doctors Seen for this Conditions:  YES  NO Who? \_\_\_\_\_  
 Type of Treatment: \_\_\_\_\_ Results: \_\_\_\_\_  
 When did this Conditions Begin? \_\_\_\_\_ Has this Condition Occurred Before?  YES  NO  
 Is Conditions:  Job Related  Auto Accident  Home Injury  Fall  Other: \_\_\_\_\_  
 Date of Accident: \_\_\_\_\_ Time of Accident: \_\_\_\_\_  
 Have You Made a Report of Your Accident to Your Employer:  YES  NO  
 Drugs You Now Take:  Nerve Pills  Pain Killers/Muscle Relaxers  Blood Pressure Medicine  
 Insulin  Other: \_\_\_\_\_  
 Do You Wear A Shoe Lift?  YES  NO  
 Do You Suffer From Any Condition Other Than That Which You Are Now Consulting Us? \_\_\_\_\_

**PAST HEALTH HISTORY**

Please Check and Describe:  
 Major Surgery/Operations:  Appendectomy  Tonsillectomy  Gall Bladder  Hernia  Back Surgery  
 Broken Bones  Other: \_\_\_\_\_  
 Major Accidents or Falls: \_\_\_\_\_  
 Hospitalization (Other than Above): \_\_\_\_\_  
 Previous Chiropractic Care:  None  Doctor's Name & Approximate Date of Last Visit: \_\_\_\_\_

**Below are a list of diseases which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall course of care.**

**CHECK ANY OF THE FOLLOWING DISEASES YOU HAVE HAD:**

- |   |   |                                     |
|---|---|-------------------------------------|
| <input type="checkbox"/> Pneumonia                                      | <input type="checkbox"/> Mumps            | <input type="checkbox"/> Influenza  |
| <input type="checkbox"/> Rheumatic Fever                                | <input type="checkbox"/> Small Pox        | <input type="checkbox"/> Pleurisy   |
| <input type="checkbox"/> Polio  | <input type="checkbox"/> Chicken Pox      | <input type="checkbox"/> Arthritis  |
| <input type="checkbox"/> Tuberculosis                                   | <input type="checkbox"/> Diabetes         | <input type="checkbox"/> Epilepsy   |
| <input type="checkbox"/> Whooping Cough <input type="checkbox"/> Cancer | <input type="checkbox"/> Mental Disorders | <input type="checkbox"/> Cigarettes |
| <input type="checkbox"/> Anemia   | <input type="checkbox"/> Heart Disease    | <input type="checkbox"/> Lumbago    |
| <input type="checkbox"/> Measles  | <input type="checkbox"/> Thyroid          | <input type="checkbox"/> Eczema     |
- Have you been tested HIV positive?  YES  No

- INTAKE**
- Coffee
  - Tea
  - Alcohol
  - White Sugar

Below is a list of diseases that may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as the problems can affect your overall course of care.  
**REVIEW OF SYSTEMS- Please fill out all of the sections, even if "DENY"**

**Constitutional: I....**  Deny Any Constitutional Issue (s)

- Chills
- Weight Gain
- Daytime Somnolence (Drowsiness)
- Weight Loss
- Fatigue
- Fever
- Night Sweats

**Eyes/Vision: I....**  Deny Any Eyes/Vision Issue (s)

- Blindness
- Eye Pain
- Tearing
- Cataracts
- Change in Vision
- Double Vision
- Blurred Vision
- Field Cuts (visual field defect)
- Wears Glasses/Contact Lenses
- Glaucoma
- Itching (around eyes)
- Photophobia

**Ears,Nose & Throat: I....**  Deny Any Ears, Nose & Throat Issue (s)

- Bleeding
- Headaches
- Snoring
- Ear Drainage
- Nose Bleeds (frequent)
- Dentures
- Hearing Loss
- Tinnitus (Ringing in Ears)
- Ear Pain
- Dizziness
- Nasal Congestion
- Dental Implants
- Head Injury
- Ear Infections
- Post Nasal Drip
- Sinus Infections
- TMJ Problems
- Fainting
- Loss of Smell
- Sore Throats (frequent)
- Discharge
- Rhinorrhea (Runny Nose)
- Difficulty Swallowing
- Hoarseness

**Respiration: I....**  Deny Any Respiration Issue (s)

- Asthma
- Coughing Up Blood
- Sputum Production
- Cough
- Shortness of Breath
- Wheezing

**Gastrointestinal: I....**  Deny Any Gastrointestinal Issue (s)

- Abdominal Pain
- Nausea
- Belching
- Rectal Bleeding
- Hemorrhoids
- Constipation
- Vomiting Blood
- Jaundice (Yellowing Skin)
- Difficulty Swallowing
- Abnormal Stool
- Heartburn
- Black, Tarry Stool
- Vomiting
- Indigestion
- Diarrhea
- Abnormal Stool Color

**Endocrine: I....**  Deny Any Endocrine Issue (s)

- Cold Intolerance
- Voice Changes
- Goiter
- Hair Loss
- Heat Intolerance
- Unusual Hair Growth
- Frequent Urination
- Diabetes
- Excessive Appetite
- Excessive Hunger
- Excessive Thirst

**Nervous System: I....**  Deny Any Nervous System Issue (s)

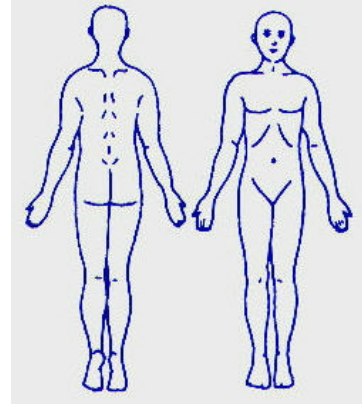
- Dizziness
- Facial Weakness
- Headaches
- Limb Weakness
- Loss of Consciousness
- Loss of Memory
- Numbness
- Seizures
- Sleep Disturbances
- Stress
- Strokes
- Tremors
- Unsteadiness of Gait
- Slurred Speech

**Allergy: I....**  Deny Any Allergy System Issue (s)

- Anaphylaxis (history of)
- Itching
- Food Intolerance
- Nasal Congestion
- Sneezing

Please outline on the diagram the area of your discomfort

A= Aches B=Burning N= Numbness  
P= Pins & Needles S= Stabbing O= Other



**Cardiovascular: I....**  Deny Any Cardiovascular Issue (s)

- Angina (Chest Pain)
- Claudication (Leg Pain)
- Heart Problems
- Orthopnea (difficulty breathing while lying down)
- Palpitations (irregular or forceful beating of heart)
- Paroxysmal Nocturnal Dyspnea (waking at night with shortness of breath)
- Shortness of Breath with Exertion or Exercise
- Ulcers
- Heart Problems
- Heart Murmur
- Swelling of Legs
- Varicose Veins

**Female: I....**  Deny Any Female Issue (s)

- Birth Control Therapy
  - Burning Urination
  - Frequent Urination
  - Irregular Menstruation
  - Vaginal Bleeding
  - Breast Lumps/Pain
  - Cramps
  - Hormone Therapy
  - Urine Retention
  - Vaginal Discharge
- Are you pregnant? Yes/No Date of Last Period: \_\_\_\_\_

**Male: I....**  Deny Any Male Issue (s)

- Burning Urination
- Prostate Problems
- Frequent Urination
- Erectile Dysfunction
- Urine Retention
- Hesitancy/Dribbling

**Skin: I....**  Deny Any Skin Issue (s)

- Changes in Nail Texture
- Hair Growth
- Itching
- Rash
- Skin Lesions/Ulcers
- Changes in Skin Color
- Hair Loss
- Hives
- Paresthesia (numbness, prickling or tingling)
- History of Skin Disorder
- Varicosities

**Psychologic: I....**  Deny Any Psychologic Issue (s)

- Anhedonia
- Confusion
- Depression
- Behavioral Changes
- Bipolar Disorder
- Convulsions
- Appetite Changes
- Mood Changes
- Anxiety
- Insomnia
- Memory Loss

**Hematology: I....**  Deny Any Hematology Issue (s)

- Anemia
- Blood Transfusion
- Lymph Node Swelling
- Bleeding
- Bruises Easy
- Fatigue
- Blood Clotting

DO NOT WRITE BELOW THIS LINE

ANALYSIS:

DIAGNOSIS:

Patient Accepted:  YES  NO  Referred

\_\_\_\_\_  
Doctor's Signature

Most patients that come to our office have one of two objectives in mind concerning their health care. Some patients come for symptomatic relief of pain or discomfort (Relief Care). Others are interested in having the cause of the problem as well as the symptoms corrected and relieved (Corrective Care). Your Doctor will weigh your needs and desires when recommending your treatment program.

Please check the type of care desired so that we may be guided by your wishes whenever possible:

- Relief Care**     
  **Corrective Care**     
  **Check here if you want the Doctor to select the type of care appropriate for your condition**

\_\_\_\_\_ **Date**

\_\_\_\_\_ **Patient's Signature**

**If this is an accident related injury, please fill out the Accident Form. Thank You !**



**Relief Care**

Relief Care is that care necessary to get rid of your symptoms or pain, but not the cause of it. It is the same as drying a floor that was getting wet from a leak, but not fixing the leak.



**Corrective Care**

Corrective care differs from relief care in that its goal is to get rid of the symptoms or pain while correcting the cause of the problem. Corrective care varies in length of time, but is more lasting

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that the Doctor's office will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to the Doctor's office will be credited to my account upon receipt. However, I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate, any fees for professional services rendered me will be immediately due and payable.

I hereby authorize the Doctor to treat my condition as he or she deems appropriate. It is understood and agreed the amount paid the Doctor, for x-rays, is for examination only and the X-Ray negatives will remain the property of this office, being on file where they may be seen at any time while a patient of this office. The patient also agrees that he/she is responsible for all bills incurred at this office.

**Patient's Signature** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Consent to treat a Minor** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Guardian or Spouse's Signature of Authorizing Care:** \_\_\_\_\_

**Date:** \_\_\_\_\_